



Stay Cool and Save Money This Summer: Energy-Saving Tips for Your Home

As summer temperatures rise, so can your energy bills. But staying cool doesn't have to mean cranking up the A/C and sweating over the bill. With a few smart strategies, along with energy-efficient upgrades and rebates from Idaho Power, you can keep your home comfortable while saving energy and money.

Maintain and Clean Your Cooling Equipment

If you feel like your air conditioner or heat pump isn't keeping up, it might be time for a professional system checkup. Sometimes, the fix is as simple as replacing a dirty air filter — something you can do yourself! But if your system needs more than a quick fix, Idaho Power offers cash incentives on qualifying new ducted central A/Cs and heat pumps.

What is a Heat Pump?

A heat pump transfers heat between indoors and outdoors, efficiently heating or cooling your home.

You can also consider a smart thermostat to help save energy and money without lifting a finger. Plus, Idaho Power offers a \$50 cash incentive to install a new smart thermostat in qualifying homes.

Ceiling fans are another great investment. They use far less electricity than A/Cs and can make a room feel up to 4°F cooler. This can allow you to raise your A/C thermostat a few degrees or even turn it off. Just remember to turn ceiling fans off when you leave the room — fans cool people, not spaces.

Consider a Ductless Heat Pump

One of the most efficient ways to cool (and heat) your home is with a ductless heat pump. These systems provide cooling and heating in individual rooms without the energy loss associated with ductwork. They're ideal for homes that use electric heaters in each room and have window air conditioners. Idaho Power offers a \$500 cash incentive for qualifying homes.

Visit idahopower.com/heatingcooling for all home equipment rebate information.

Seal and Insulate

A well-insulated and sealed home keeps cool air in and hot air out in the summer. Check for air leaks around windows and doors, and seal them with weatherstripping or caulk. If your attic insulation isn't enough to keep hot or cool air where it's supposed to be, adding insulation can make a big difference in maintaining a comfortable indoor temperature.

Use Window Treatments Wisely

Sunlight streaming through windows can significantly heat up your home. Use blackout curtains, shades, or reflective window films to block out the sun during the hottest parts of the day. For a natural touch, plant shade trees or install awnings outside sun-facing windows.

By combining smart equipment choices and a few small upgrades, you can enjoy a cooler home and lower bills all summer long. Ready to get started? Start with one tip today and build from there — your comfort and your wallet will thank you.

Back to School, Back to Savings



August marks back-to-school season for many in our area, and it's the perfect time to refresh your energy habits. With kids back in class and routines shifting, small changes can lead to big savings.

Start by adjusting your thermostat temperature setting during school hours when the home is unoccupied — raising it a few degrees can help cut cooling costs. And a programmable or smart thermostat can automate this for you!

Unplug devices like tablets, chargers, and gaming consoles when not in use. They draw power even when idle. Using smart power strips can help you cut off electricity to unused electronics.

When packing lunches, be efficient and grab all ingredients at once to minimize fridge door openings. Laundry loads increase with school sports and activities, so wash dirty clothes and uniforms with cold water and hang dry when possible.

Finally, involve your kids. Teach them to turn off lights, close doors to the outside and open doors on the inside to maintain indoor temperatures, and use appliances efficiently. These simple steps can help your family save energy — and money — all year long!

Find more energy-saving tips at idahopower.com/save.



Did You Know?

Through our energy efficiency offerings and incentive programs in 2024, customers saved 143,599 megawatt hours of energy — enough to power about 12,600 average-sized homes in our service area for one year!

Please recycle this newsletter.

How Temperature Affects Energy Use — and How to Stay in Control

Hot summer temperatures have a big impact on energy use. And when there are multiple days of higher-than-normal temperatures, your cooling system works overtime to keep things comfortable, which can lead to higher energy bills. Plus, more time indoors means more lights, electronics, and maybe even an extra fan or two (remember to turn them off when you leave the room!).

Curious how the weather impacts your energy use? Check out idahopower.com/myaccount and click “My Energy Usage” under the Usage section of the menu to see your trends.

Take Charge with My Account and Track Your Energy Use Like a Pro

Ready to take charge of your energy use? Get account alerts and discover easy ways to save in My Account. You can also sign up for paperless billing, Auto Pay, and Budget Pay — because managing your Idaho Power account should be as effortless as possible.

And if you want to dig deeper and know which of your appliances is the biggest energy user, we have a tool for that! In My Account, you can track your use and see how much electricity each of your major appliances uses. It gives you a peek into your energy habits, helping you spot trends and find ways to save. It's like detective work — but for your energy bill!

Stay informed, stay cool, and keep those energy surprises at bay!

Register for My Account at idahopower.com/myaccount or download our mobile app in your Apple or Google Play store.



From the Electric Kitchen Berrylicious Smoothie

- ½ cup low-fat vanilla yogurt
- ½ cup pomegranate or cran-raspberry juice
- 1 tsp sugar (optional)
- 6 oz (1½ cups) frozen mixed berries
- ½ banana, peeled, cubed and frozen

Combine yogurt, juice, and sugar in a blender container; cover and blend briefly. Add frozen berries and banana and blend until smooth. Serve immediately. Makes 2 servings.



Recipe selected from Idaho Power's Centennial Celebration Cookbook.

August 2025
Smoothie

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