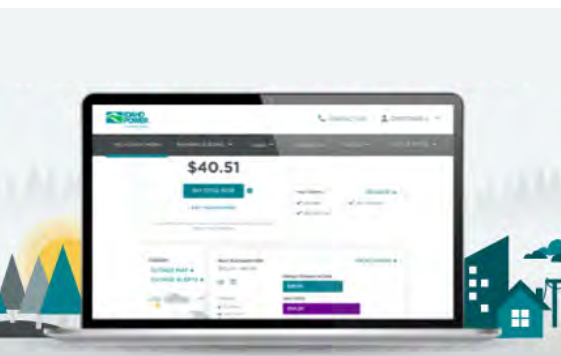




My Account

Your one-stop-shop for energy savings and account management!

- Track and compare your electricity use by the day, hour, and more.
- Map your use with charts and graphs.
- See how the weather can affect your electricity use.
- Get personalized advice on how to save energy.
- Once you learn how much energy you're using, you can follow some easy tips so you can use less — and that can save you money.

Register at idahopower.com/myaccount.



Energy-Saving Tips

Find these tips and more at idahopower.com/tips

Keep it Flowing

Regularly replace furnace air filters to maintain airflow, cut energy consumption, and maximize your HVAC system's life. Follow the recommended replacement schedule based on your filter size. One-inch filters should be replaced every one to three months, while four-inch filters need to be replaced every six to nine months.



Dial it in

Set your thermostat to 68 degrees in the winter and 78 degrees in the summer. You can save 1 to 3 percent on heating and cooling costs by adjusting your thermostat one degree. For heat pumps, set a comfortable temperature and leave it there. Large adjustments can make the heat pump less efficient.

Seal in the Savings

Plug leaks with caulk, spray foam, or weather-stripping to keep warm air inside in the winter and cool air inside in the summer.



Use Cooler Water to Wash

Wash with cold water to save 90% of energy used by washing machines! Use cold-water detergent and reserve hot water for tough loads.



Bright Ideas Start at Home!

Complete this Mini Home Assessment to see how your energy habits measure up and discover smart, simple ways to save.





Mini Home Assessment

Circle the number that best matches your response to each statement. For each section, add up the numbers circled in each column. Then add the totals from each category.



Lights

	ALWAYS	SOMETIMES	NEVER	
1. Use LEDs.	2	1	0	
2. Turn off lights when not in use.	2	1	0	
3. Turn off the TV when no one is watching.	2	1	0	
4. Use the natural daylight coming into your home.	2	1	0	
				=

Kitchen

	ALWAYS	SOMETIMES	NEVER	
1. Keep refrigerator and freezer doors closed tightly.	2	1	0	
2. Cover liquids and wrap food stored in the refrigerator (uncovered foods release moisture and keep the compressor running).	2	1	0	
3. Use the smallest pan and burner possible.	2	1	0	
4. Cover pots with lids to keep heat from escaping.	2	1	0	
5. Turn off the oven a few minutes before your food is ready.	2	1	0	
6. Use a toaster oven, microwave, grill, or pressure cooker instead of your oven.	2	1	0	
7. Use a sink stopper when washing dishes by hand.	2	1	0	
8. Wash full loads of dishes in the dishwasher.	2	1	0	
9. Let your dishes air dry in the dishwasher.	2	1	0	
				=

Laundry & Bath

	ALWAYS	SOMETIMES	NEVER	
1. Wash full loads of clothes in cold water.	2	1	0	
2. Use the timed dry or sensor on your dryer.	2	1	0	
3. Clean the dryer lint screen after every load.	2	1	0	
4. Use a clothesline or drying rack when possible.	2	1	0	
5. Repair dripping faucets.	2	1	0	
6. Take 5-minute showers.	2	1	0	
7. Use high-efficiency shower heads.	2	1	0	
8. Fill the bathtub with only as much water as you need.	2	1	0	
				=

Cooling*

	ALWAYS	SOMETIMES	NEVER	
1. Schedule an annual check-up of your A/C unit.	4	2	0	
2. Set your thermostat at 74 degrees or higher during the cooling season.	4	2	0	
3. Use a fan instead of turning down the thermostat.	4	2	0	
4. Close the blinds before the sun heats up your home.	4	2	0	
* If you do not have an A/C unit, skip questions 1–4 and add 16 points to your score.				
				=

Heating

	ALWAYS	SOMETIMES	NEVER	
1. Keep thermostats set at 68 degrees or lower during the heating season.	4	2	0	
2. Give your furnace a regular tune-up.	4	2	0	
3. Seal air leaks around windows and doors.	4	2	0	
4. Replace or clean furnace filters at least twice a year.	4	2	0	
5. Put on a sweater instead of turning up the heat.	4	2	0	
6. Open your blinds during the day to let the sun heat your home.	4	2	0	
				=

See how energy efficient your home is by comparing your grand total to the scale below.

TOTALS

Lights

Kitchen

Laundry & Bath

Cooling

Heating

GRAND TOTAL

68–82

Congratulations! Your home is using energy very efficiently.

38–67

Good job, but there’s some room for improvement.

0–37

OOPS! Your home needs some help in saving energy. By following the suggestions listed in this survey more consistently, you can reduce the bottom line on your own electricity bill, and conserve energy resources for everyone! Take a look at the tips on the next page.

